

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): **March 19, 2013**

Con-way Inc.

(Exact name of registrant as specified in its charter)

Delaware
(State or other jurisdiction of
incorporation)

1-5046
(Commission File Number)

94-1444798
(IRS Employer Identification
No.)

2211 Old Earhart Road, Ann Arbor, Michigan
(Address of principal executive offices)

48105
(Zip code)

Registrant's telephone number, including area code: **(734) 994-6600**

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

ITEM 8.01 Other Events.

On March 19, 2013, Con-way Inc. issued a press release providing an update on first quarter 2013 trends at Con-way Freight, the company's less-than-truckload business unit. A copy of the press release is filed as Exhibit 99.1 to this Form 8-K.

ITEM 9.01 Financial Statements and Exhibits.

(d) Exhibits.

<u>Exhibit No.</u>	<u>Description</u>
99.1	Press Release, dated March 19, 2013.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Con-way Inc.

Date: March 20, 2013

By: /s/ Stephen L. Bruffett

Stephen L. Bruffett

Executive Vice President and

Chief Financial Officer

EXHIBIT INDEX

<u>Exhibit No.</u>	<u>Description</u>
99.1	Press Release, dated March 19, 2013



NEWS RELEASE

Contacts:

Investor: Patrick Fossenier 1+ 734-757-1557

News Media: Gary Frantz 1+ 734-757-1558

CON-WAY ISSUES FIRST QUARTER UPDATE

ANN ARBOR, Mich. - March 19, 2013-Con-way Inc. (NYSE:CNW) today provided an update on first quarter 2013 trends at Con-way Freight, the company's less-than-truckload unit.

Weight per day in the first quarter of 2013 is expected to be down approximately 1.5 percent compared to the first quarter of last year. First quarter 2013 revenue per hundredweight, excluding the impact of fuel surcharges, is expected to increase approximately 3.5 percent over the first quarter of 2012.

In addition, several items during the first quarter of 2013 have negatively impacted near-term profitability. These items primarily include: a reserve for a large vehicular claim, a charge related to a transition to new technology, costs associated with adverse weather, and field training expenses pertaining to line-haul optimization. Collectively, these items are expected to impact Con-way Freight's first quarter 2013 operating income by approximately \$14 million.

Importantly, the key 2013 initiatives at Con-way Freight, while still in early stages, are on track with internal projections. These initiatives, lane-based pricing and line-haul optimization, are expected to provide increasingly improved results as the year progresses.

"Tonnage trends, while below last year, have been relatively stable throughout the first quarter and our core operational performance is trending in the right direction," stated Douglas W. Stotlar, Con-way Inc. President and CEO. "Despite the near-term cost headwinds at Con-way Freight, confidence in our key initiatives and the ability to expand margins - particularly in the second half of 2013 - is being reinforced each day."

Con-way Inc. will release consolidated results for the first quarter of 2013 after the market close on Wednesday, May 1, 2013 and host a conference call for the investment community at 8:30 am ET on Thursday, May 2, 2013.

About Con-way Inc. -- Con-way Inc. (NYSE:CNW) is a \$5.6 billion freight transportation and logistics services company headquartered in Ann Arbor, Mich. Con-way delivers industry-leading services through its primary operating companies of Con-way Freight, Con-way Truckload and Menlo Worldwide Logistic. These operating units provide high-performance, day-definite less-than-truckload (LTL), full truckload and multimodal freight transportation, as well as logistics, warehousing and supply chain management services. Con-way also operates Road Systems Inc., a trailer refurbishing and manufacturing company which supplies trailing equipment to the company's trucking fleets. Con-way Inc. and its subsidiaries operate from more than 500 locations across North America and in 20 countries. For more information about Con-way, visit www.con-way.com.