# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

#### CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

January 28, 2005

Date of Report (Date of earliest event reported)

CNF Inc.

(Exact name of registrant as specified in its charter)

Delaware 1-5046 94-1444798
-----(State or other (Commission (IRS Employer jurisdiction of File Number) Identification incorporation or organization)

3240 Hillview Avenue, Palo Alto, California 94304

(Address of principal executive offices)

(zip code)

Registrant's telephone number, including area code: (650) 494-2900

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligations of the registrant under any of the following provisions (see General Instruction A.2 below):

- [ ] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- [ ] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- [] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- [] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

A. Executive Compensation. On January 24, 2005, the Company's Compensation Committee, together with (in the case of the compensation of the Company's interim Chief Executive Officer), the other independent members of the Board of Directors, approved the following:

### Salary Increases:

1				
Officer	Title 	Current Salary	% Increase 	New Salary  
W. Keith  Kennedy, Jr.  (1)	Interim Chief Executive  Officer 	\$750,000   	0%   	\$750,000       
Robert L.  Bianco	President & CEO, Menlo  Logistics, Inc.	\$300,040 	4.0%	\$312,052   
Jennifer W.  Pileggi (2) 	Senior Vice President,  General Counsel &  Secretary	\$260,000   	19.2%   	\$310,024   
Chutta  Ratnathicam  (3)	Senior Vice President and  Chief Financial Officer	\$441,012 	0%	\$441,012   
Kevin C.  Schick (4)	Vice President and  Controller, Con-Way  Transportation Services,  Inc.	\$241,540   	4.1%	\$251,472   
Douglas W.  Stotlar (5)	Senior Vice President 	\$425,100 	0%	\$425,100   
John H.  Williford  (6)	Senior Vice President   	\$498,784   	5.5%   	\$526,240   

- (1) Dr. Kennedy began receiving a salary as interim Chief Executive Officer on October 1, 2004. Prior to that time, he received a special annualized retainer of \$350,000 for serving as the Chairman of the Board. In 2004, Dr. Kennedy also received an annual Board retainer of \$30,000 that was paid to all members of the Board of Directors, and Board meeting fees of \$16,500. Dr. Kennedy will not receive a Board retainer or Board meeting fees in 2005, for so long as he serves as interim Chief Executive Officer.
- (2) Ms. Pileggi was appointed Senior Vice President, General Counsel and Secretary effective December 28, 2004; she formerly served as Vice President and Corporate Counsel of Menlo Worldwide, LLC, a subsidiary of CNF Inc.
- (3) As previously announced, Mr. Ratnathicam notified CNF of his intention to retire as Senior Vice President and Chief Financial Officer, effective March 31, 2005.
- (4) As previously announced, Mr. Schick was appointed Senior Vice President and Chief Financial Officer, effective March 31, 2005.
- (5)Mr. Stotlar was appointed Senior Vice President of CNF Inc. and President and Chief Executive Officer of Con-Way Transportation Services, Inc., effective December 3, 2004. Mr. Stotlar received a 26.4% raise, from \$336,284 to \$425,100, upon such appointment.
- (6)Mr. Williford is also President and Chief Executive Officer of Menlo Worldwide, LLC.

2005 Incentive Compensation Awards. The annual incentive compensation awards are based upon performance objectives approved by the Compensation Committee. The 2005 awards to Ms. Pileggi and Mr. Ratnathicam are based on the pre-tax, pre-incentive income of the Company; the awards to Messrs. Williford and Bianco are based on the pre-tax, pre-incentive income of Menlo Worldwide, LLC; and the awards to Messrs. Stotlar and Schick are based on the pre-tax, pre-incentive income of Con-Way Transportation Services, Inc. The maximum incentive compensation for any officer is equal to twice his or her target award.

In 2004, Dr. Kennedy did not participate in the CNF Inc. Incentive Compensation Plan, and will not participate in the Plan in 2005. On January 24, 2005, the independent members of the Board of Directors approved a discretionary cash bonus for Dr. Kennedy in the amount of \$1,000,000.

Officer	Title   	Target  Award, as  Percentage  of Salary	Target  Award  (\$)	Maximum    Award (\$)
	<u> </u>	<u> </u>		
W. Keith	Interim Chief Executive	N/A	N/A	N/A
Kennedy, Jr.	Officer			
Robert L.	President & CEO, Menlo	60%	\$186,014	\$372,029
Bianco	Logistics, Inc.			
Jennifer W.	Senior Vice President, General	75%	\$232,518	\$465,036
Pileggi	Counsel & Secretary			
Chutta  Ratnathicam  (1)	Senior Vice President and  Chief Financial Officer 	75% 	\$330,759   	\$661,518   
Kevin C.  Schick	Vice President and Controller,  Con-Way Transportation  Services, Inc.	45% 	\$108,693   	\$217,386   
Douglas W.	Senior Vice President	100%	\$425,100	\$850,200
Stotlar				
John H.	Senior Vice President	100%	\$526,200	\$1,052,400
Williford				

(1) The target and maximum award amounts for Mr. Ratnathicam in the table above are based on employment for all of 2005. Under the terms of the CNF Inc. Incentive Compensation Plan, Mr. Ratnathicam will be eligible to receive a pro rata portion of the incentive compensation award, based on the three months in 2005 in which he will serve as Senior Vice President and Chief Executive Officer prior to his retirement effective March 31, 2005.

Value Management Plan Awards for Three-Year Cycle Ending December 31, 2007. Value Management awards are governed by the terms of the Company's Value Management Plan. Two-thirds of each award is based upon EBITDA (earnings before interest, taxes, depreciation and amortization) and ROCE (return on capital employed), and one-third on relative total shareholder return for the

three-year cycle. The performance objectives are approved by the Compensation Committee. Payments on the awards set forth in the table below are payable in 2008, based on actual performance for the three-year period commencing January 1, 2005 and ending December 31, 2007. The maximum Value Management Plan award for any officer is equal to twice his or her target award. Dr. Kennedy and Mr. Ratnathicam did not receive Value Management Plan Awards for the three-year cycle ending December 31, 2007. A copy of the Value Management Plan is included as Exhibit 10.30 to the Company's Quarterly Report on Form 10-Q filed on May 7, 2004. The foregoing description of the Value Management Plan is qualified in its entirety by reference to such exhibit.

Officer	Title    -  -	Target  Award  (% of  Salary)	Target  Award  (\$) 	Maximum  Award (\$) 
	1			
W. Keith  Kennedy, Jr.	Interim Chief Executive Officer	N/A	N/A	N/A
Robert L.  Bianco	President & CEO, Menlo Logistics,  Inc.	65%	\$202,834 	\$405,668   
Jennifer W.  Pileggi	Senior Vice President, General  Counsel & Secretary	115% 	\$356,528 	\$713,056   
Chutta  Ratnathicam	Senior Vice President and Chief  Financial Officer	N/A 	N/A 	N/A   
Kevin C.  Schick	Vice President and Controller,  Con-Way Transportation Services,  Inc.	40%   	\$100,526   	\$201,052   
Douglas W.  Stotlar	Senior Vice President 	150% 	\$637,650 	\$1,275,300  
John H.  Williford	Senior Vice President 	150% 	\$789,360 	\$1,578,720  

Stock Option Awards. Each stock option award described in the table below is made pursuant to, and is governed by the terms of, the Company's 1997 Equity and Incentive Plan and a stock option agreement entered into by the Company and the executive. These documents provide that the options have a term of ten years, will vest in equal annual installments over three years, commencing January 1, 2006, or earlier in certain circumstances (including in the event of death or disability or upon a Change in Control). Upon retirement at age 65 or pursuant to the "Rule of 85" (providing for an unreduced retirement benefit upon early retirement), the options continue to vest in accordance with their terms. Except as noted above, unvested options are forfeited upon termination of the executive's employment.

Officer	Title	Non-  Qualified  Option  Shares	Incentive  Stock  Option  Shares	Total  Option  Shares	Exercise  Price 	
W. Keith	Interim Chief	0	0	0	N/A	- 

Kennedy, Jr.	Executive Officer				
Robert L.  Bianco	President & CEO, Menlo  Logistics, Inc.	8,000 	0	8,000 	\$46.02   
Jennifer W.  Pileggi 	Senior Vice President,  General Counsel &  Secretary	13,328   	2,172   	15,500 	\$46.02   
Chutta  Ratnathicam 	Senior Vice President  and Chief Financial  Officer	0   	0   	0	N/A   
Kevin C.  Schick	Vice President and  Controller, Con-Way  Transportation  Services, Inc.	4,000   	0	4,000	\$46.02   
Douglas W.  Stotlar (1)	Senior Vice President	0	0	0	N/A
John H.  Williford  (2)	Senior Vice President	33,328   	2,172   	35,500 	\$46.02   

(1)Mr. Stotlar received a grant of 40,000 stock options and 30,000 shares of restricted stock in December 2004 in connection with his appointment as Senior Vice President of CNF Inc. and President and Chief Executive Officer of Con-Way Transportation Services, Inc.

(2) Mr. Williford also received a grant of 30,000 shares of restricted stock in December 2004.

B. Director Compensation. On January 24, 2005, the Company's Board of Directors, based on the recommendation of the Director Affairs Committee, approved the following changes to the compensation payable to members of the Board:

Cash Compensation. Each director will receive an annual cash retainer of \$70,000. In addition, the chair of the Audit Committee will receive an annual chair cash retainer of \$15,000, and the chairs of the Compensation, Director Affairs and Finance Committees each will receive an annual chair cash retainer of \$8,000. Each member of the Audit Committee, other than the chair, will also receive an additional committee retainer of \$5,000. Each of the retainers described above are payable quarterly in advance. Directors will no longer receive any fees for attending Committee or Board meetings.

Equity Compensation. Each director will receive grants of restricted stock having a notional value of \$65,000 per year for each year of the director's three-year term. Except during a transition period, each director will receive a grant of restricted stock having a value at the time of grant of \$195,000 (3 years at \$65,000 per year) in the year that the director is elected or re-elected to the Board, and will not receive a restricted stock grant under this program in the subsequent two years. Each such grant of restricted stock will be granted in April (following election or re-election to the Board) and will vest one-third per year, commencing on the anniversary date of the grant, or earlier upon the occurrence of certain events such as death, disability, retirement or a Change in Control.

The transition period operates as follows. Following CNF's annual meeting of shareholders in April 2005, current directors elected or reelected to the Board in 2005 will receive a grant of restricted stock having a value of \$195,000 at the time of grant. Current directors who are scheduled for election or re-election in 2006 will receive a grant of restricted stock having a value of \$65,000 at the time of grant, which will vest one-third per year commencing on the anniversary date of the grant, and

then receive a grant of restricted stock having a value of \$195,000 in 2006, if they are elected or re-elected to the Board. Directors who are scheduled for election or re-election in 2007 will receive a grant of restricted stock having a value of \$130,000 at the time of grant, which will vest one-third per year commencing on the anniversary date of the grant, and then receive a grant of restricted stock having a value of \$195,000 in 2007, if they are elected or re-elected to the Board.

New directors appointed to the Board will receive an initial grant of restricted stock having a value of \$195,000, \$130,000 or \$65,000, depending on when they are next scheduled for election to the Board, and then receive a grant of restricted stock having a value of \$195,000 when they are elected. These awards will vest in the same manner as those described in the preceding paragraph.

Prior to the Board's approval of the changes described above, each director received an automatic grant of 2,500 stock options and a grant of 499 shares of restricted stock, effective January 1, 2005. To implement the changes to the directors' equity compensation described above, the January 1 grants of stock options and restricted stock have been cancelled.

Dr. Kennedy will not receive a Board retainer, meeting fees or other compensation in 2005 in his capacity as Chairman and a member of the Board of Directors, for so long as he serves as interim Chief Executive Officer.

Item 5.02 Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers.

On January 24, 2005, CNF Inc. issued a press release announcing that Kevin C. Schick has been appointed Senior Vice President and Chief Financial Officer effective March 31, 2005, replacing Chutta Ratnathicam, who has informed the Company that he will retire effective on that date.

Mr. Schick, age 53, currently is Vice President and Controller of Con-Way Transportation Services, Inc., CNF's regional trucking and supply chain subsidiary. He has served in that capacity since 1989. He joined the Con-Way organization in 1983 as a member of the Con-Way Central Express start-up team. Mr. Schick holds a bachelor's degree from Marquette University and an MBA from Northwestern University.

A copy of the press release is filed with this report as Exhibit 99 and is incorporated herein by

reference. The foregoing description of the press release is qualified in its

entirety by reference to such exhibit.

### Item 8.01 Other Events

On January 24, 2005, CNF Inc. issued a press release announcing that the Board of Directors had approved a plan to repurchase up to \$300 million in common stock within the next two years in open market purchases and privately-negotiated transactions. A copy of the press release is included as Exhibit 99 to the Company's report on Form 8-K filed on January 25, 2005 and is incorporated herein by reference. The foregoing description of the press release is qualified in its entirety by reference to such exhibit.

#### ITEM 9.01 FINANCIAL STATEMENTS AND EXHIBITS

(c) Exhibits

Exhibit No. Description

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CNF Inc.
(Registrant)

January 28, 2005

/s/ Jennifer W. Pileggi
----Jennifer W. Pileggi
Senior Vice President,
General Counsel & Secretary



Contacts: Investors – Patrick Fossenier (650) 813-5353

Media – Jim Allen (650) 813-5335

## CNF INC. NAMES NEW CFO, BOARD OF DIRECTORS DECLARES DIVIDEND

**PALO ALTO, Calif. – January 24, 2005 –** The CNF Inc. (NYSE:CNF) Board of Directors today elected Kevin C. Schick as senior vice president and chief financial officer.

The appointment is effective March 31, 2005 upon the previously announced retirement of Chutta Ratnathicam, who has served as the company's top financial executive since 1997.

In other action, the board declared a cash dividend of 10 cents per share on the company's common stock. The dividend is payable on March 15, 2005 to shareholders of record as of February 15, 2005.

"The Board is pleased to announce that Kevin Schick will succeed Chutta as chief financial officer," said W. Keith Kennedy, chairman of the board and interim chief executive officer. "Kevin is an experienced executive with more than 25 years in financial accounting, almost all of which was with our Con-Way organization. He has been a strong leader in shaping the company's financial controls in compliance with regulatory requirements and has thorough knowledge of the company's financial, operations and accounting functions."

Schick, 53, currently is vice president and controller of Con-Way Transportation Services, the company's \$2.6 billion regional trucking and supply chain subsidiary. He has served in that capacity since 1989. He joined the Con-Way organization in 1983 as a member of the Con-Way Central Express start-up team. Prior to joining Con-Way, he spent five years with Wabash National Corporation, a trailer manufacturer, as controller and before that he was a financial analyst for Motorola Corporation.

Schick will be based at CNF headquarters in Palo Alto, Calif. A native of Chicago, he holds a bachelor's degree from Marquette University and an MBA from Northwestern University. He is a member of the Financial Executives Institute, American Trucking Associations Accounting and Finance Council and the Evans Scholars Foundation.

CNF is a \$4 billion supply chain services company with business in less-than-truckload motor freight, truckload carriage, logistics, supply chain management and trailer manufacturing.