FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION W

Vashington,	D.C.	20549
v asmington,	D.C.	40377

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility

OMB APPROVAL

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Print or Type Responses)	npany Act of 1935 or Section 30(h) of the Investment Company Act of 1940													
1. Name and Address of Reporting Person*			2. Issuer N	lame and T	Ticker o	or Trading Symbol		5. Relat	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Labrie, John G.	Con-wa	y Inc. (CN	W)			l –	Director		10% Owner					
(Last)	(First)	(Middle)	1			on Required to be Re	ported		Officer (give title below)		Other (specify below)			
2855 Campus Drive, Su	ito 300		1	/Day/Year)					(eprendiction)					
2033 Campus Drive, Su			6/12/200					Senio	Senior Vice President					
(Street)				ndment, Da Day/Year)	te Orig	inal Filed		X	6. Individual or Joint/Group Filing (Check Applicable Line) X—Form filed by One Reporting Person From filed by More than One Penarting Person					
San Mateo, CA 94403								Form filed by More than One Reporting Person						
(City)	(State)	(Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1. Title of Security (Instr. 3)	2. Transaction Date	2A. Deemed Execution Date, if any (Month/ Day/ Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Owner-ship Form: Direct (D) or	7. Nature of Indirect Beneficial Owner- ship				
			(Month/ Day/ Year)	Code	V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	Indirect (I) (Instr. 4)	(Instr. 4)			
Common Stock			03/13/09	J	V	1.2805 (1)	A	\$17.22000	15,207.7769	D				
Common Stock (2)		03/13/09		J	V	59.8707	A	\$17.26890	10,398.8645	I	by 401(k)			
Common Stock		06/12/09		J	V	31.8396	A	\$32.66030	10,430.7041	I	by 401(k)			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g. puts, calls, warrants, options, convertible securities)

(e.g. pais) cans, maranes, options, convertible occurracy															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date (Month/ Day/	3A. Deemed Execut- ion Date, if any	4. Tran acti Coo (Instr.	ion de	5. Number of ative Secur Acquired (Disposed of (Instr. 3, 4)	rities A) or of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr.	of Deriva- tive Se- curities Benefici- ally Own- ed Foll-	10. Owner- ship Form of Deriv- ative Security: Direct	11. Nature of Indirect Benefi- cial Owner- ship
			(Month/ Day/ Year)	Code	V	(A)	(D)	Date Expira Exer- tion cisable Date		Title	Amount or Number of Shares	5)	owing Reported Transac- tion(s) (Instr. 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Phantom Stock	(3)	06/12/09		J		8.8690		(3)	(3)	Common Stock	8.8690	\$33.73000	3,000.4820	D	
Series B Preferred Stock	(4)	04/08/09		J	V	45.9641		(4)	(4)	Common Stock	45.9641	\$152.10000	202.8625	I	by 401(k)

Explanation of Responses:

See continuation page(s) for footnotes

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

By: Gary S. Cullen, Attorney-in-Fact For: John G. Labrie

**Signature of Reporting Person

06/16/2009

Date

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Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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- (1) These shares were acquired under the CNF Employee Stock Purchase Plan dividend reinvestment plan.
- (2) These shares were acquired under the Con-way Retirement Savings Plan either as matching contributions or in lieu of cash dividends.
- (3) Shares of phantom stock are acquired on a 1-for-1 basis under the Company's deferred compensation plan either upon an election to convert a stated amount of a reporting person's existing account balance or through the reinvestment of dividend-equivalents. Phantom stock becomes payable, in cash or common stock, at the discretion of the Compensation Committee, upon the reporting person's termination of employment.
- (4) These shares were acquired under the Con-way Retirement Savings Plan as matching contributions or in lieu of cash dividends on other Series B preferred. Each Series B share converts to 4.708 shares of common stock at the option of the Trustee. Upon termination of plan participation each Series B preferred share, with a market value of \$152.10, is converted to the equivalent number of common shares, but in no event fewer than 4.708 shares.