FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20	0549	

OMB Number: 3235-0287 Expires: February 28, 2011 Estimated average burden hours per response 0.5

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)		Holding Con	npany Act of	1935 or Se	ection 3	30(h) of the Investmen	nt Company A	Act of 1940						
1. Name and Address of Reporting	2. Issuer N	ame and T	Ticker o	or Trading Symbol		5. R	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Pileggi, Jennifer W.	Con-wa	y Inc. (CN	W)				Director 10% O							
(Last)	Middle)	Date of Earliest Transaction Required to be Reported						X Officer — Other						
(-13.)	(First)	,	l .	Day/Year)		(give title below)) (specify below)						
2855 Campus Drive, Suite 300				9				E	EVP, General Counsel & Sec					
	(Street)		4. If Amen			inal Filed		6. In	6. Individual or Joint/Group Filing (Check Applicable Line)					
				Day/Year)					X_Form filed by One Reporting Person					
San Mateo, CA 94403 USA							Form filed by More than One Reporting Person							
(City)	(State)	Zip)		Table	e I - N	on-Derivative Secu	ırities Acqu	ired, Disposed o	oosed of, or Beneficially Owned					
1. Title of Security		2. Trans-	2A. 3. Trans- 4. Securities Acquired (A)						5. Amount of	6. Owner-	7. Nature of			
(Instr. 3)				Deemed action or Disposed of (D)					Securities	ship	Indirect			
	Dat			Code		(Instr. 3, 4 and 5)			Beneficially	Form:	Beneficial			
			Date, if (Instr. 8)		8)				Owned Following Reported	Direct (D) or	Owner- ship			
		(Month/	(Month/						Transaction(s)	Indirect	Simp			
		Day/	Day/				(A) or		(Instr. 3 and 4)	(I)				
		Year)	Year)	Code	V	Amount	(D)	Price		(Instr. 4)	(Instr. 4)			
Common Stock									11,836.0000	D				
Common Stock (1)		03/13/09		J	V	7.9247	A	\$17.268	1,376.3767	I	by 401(k)			
Common Stock (1)		06/12/09		J	V	4.2143	A	\$32.660	1,380.5910	I	by 401(k)			
Common Stock		06/30/09		С		694.7972 (2)	A	\$34.054	2,075.3882	I	by 401(k)			
Common Stock		01/07/09		J	V	27.3977	A	\$26.534	00 685.6649	I	by Spouse			
Common Stock (1)		03/13/09		J	V	3.9707	A	\$17.268	00 689.6356	I	by Spouse			
Common Stock (1)		06/12/09		J	V	2.1115	A	\$32.660	691.7471	I	by Spouse			
Common Stock		06/30/09		С		210.8099 (2)	A	\$34.054	902.5570	I	by Spouse			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g. puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Ze Security 2. Conversion or Exercise Price of Derivative Security 2. Conversion 3. Transaction Deemed Execution Date, if any Year)		Deemed Execut- ion Date,	emed action Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exer- cisable and Expiration Date (Month/Day/ Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Deriv- ative Secur- ity (Instr.	9. Number of Deriva- tive Se- curities Benefici- ally Own- ed Foll-	10. Owner- ship Form of Deriv- ative Security: Direct	11. Nature of Indirect Benefi- cial Owner- ship
		reary	(Month/ Day/ Year)	Code	V	(A)	(D)	Date Exer- cisable	Expira- tion Date	Title	Amount or Number of Shares) I	owing Reported Transac- tion(s) (Instr. 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Series B Preferred Stock	(3)	01/02/09		J	v	4.7689		(3)	(3)	Common Stock	4.7689	\$152.10000	116.9772	I	by 401(k)
Series B Preferred Stock	(3)	04/08/09		J	v	32.2400		(3)	(3)	Common Stock	32.2400	\$152.10000	149.2172	I	by 401(k)
Series B Preferred Stock	(2)	06/30/09		С			149.2172 (2)	(2)	(2)	Common Stock	149.2172	\$158.56500	0.0000	I	by 401(k)
Series B Preferred Stock	(3)	01/02/09		J	v	1.5812		(3)	(3)	Common Stock	1.5812	\$152.10000	38.7872	I	by Spouse
Series B Preferred Stock	(3)	01/07/09		J	V	0.8538		(3)	(3)	Common Stock	0.8538	\$152.10000	39.6410	I	by Spouse
Series B Preferred Stock	(3)	04/08/09		J	V	5.6333		(3)	(3)	Common Stock	5.6333	\$152.10000	45.2743	I	by Spouse
Series B Preferred Stock	(2)	06/30/09		С			45.2743 (2)	(2)	(2)	Common Stock	45.2743	\$158.56500	0.0000	I	by Spouse
	-														

Explanation of Responses:

See continuation page(s) for footnotes

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

By: Gary S. Cullen, Attorney-in-Fact For: Jennifer W. Pileggi

**Signature of Reporting Person

07/02/2009

Date

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Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

SEC 1474 (01-05)

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) These shares were acquired under the Con-way Retirement Savings Plan either as matching contributions or in lieu of cash dividends.
- (2) On June 30, 2009 Con-way redeemed all of its Preferred Stock held in the company's Retirement Savings Plan (RSP) in exchange for its Common Stock. Each share of Preferred Stock is redeemable for 4.65628 shares of Con-way Common Stock.
- (3) These shares were acquired under the Con-way Retirement Savings Plan as matching contributions or in lieu of cash dividends on other Series B preferred. Each Series B share converts to 4.708 shares of common stock at the option of the Trustee. Upon termination of plan participation each Series B preferred share, with a market value of \$152.10, is converted to the equivalent number of common shares, but in no event fewer than 4.708 shares.