FORM 4 Check this box if no longer

subject to Section 16. Form 4 or

Form 5 obligations may continue.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington	DC	20540
Washington	, D.C.	20549

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OMB APPROVAL							
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility (Print or Type Responses)

Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(1 Till of Type Responses)		8	r			()	I - J							
1. Name and Address of Repo	orting Person*		2. Issuer N	Jame and T	icker o	or Trading Symbol		5. Rela	tionship of Reporting Pe (Check all a	rson(s) to Issue	r			
Stotlar, Douglas W.	Con-wa	y Inc. (CN	W)				X Director 10% Owner							
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)						Officer (give title below)					
2855 Campus Drive, Suit	re 300	1/01/200	09				Direc	Director, President & CEO						
	(Street)		4. If Amendment, Date of Original Filed (Month/Day/Year)					<u>X</u>	6. Individual or Joint/Group Filing (Check Applicable Line) X—Form filed by One Reporting Person Form filed by More than One Reporting Person					
San Mateo, CA 94403 U		(7:)							_1 of the first of whole than	ii One Reporting	5 1 C13011			
(City)	(State)	(Zip)		Table	e I - No	on-Derivative Secu	ırities Acqu	OfficerOther (give title below) (specify below)						
1. Title of Security (Instr. 3)		2. Transaction Date	2A. Deemed Execution Date, if any	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Securities Beneficially Owned Following	ship Form: Direct	Indirect Beneficial Owner-			
		(Month/ Day/ Year)	(Month/ Day/ Year)	Code	V	Amount	(A) or (D)	Price	Transaction(s)	Indirect (I)				
Common Stock		01/01/09		F		3,288.0000	D	\$26.60000	60,271.0000	D				
Common Stock (1)		12/15/08		J	V	58.4471	A	\$21.07440	12,375.8305	I	by 401(k)			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g. puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	sion or Exercise Price of Deri-	Date (Month/ Day/ Year)	Deemed Execut- ion Date, if any	4. Tranacti Coc (Instr.	on le	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Deriva- tive Se- curities Benefici- ally Own- ed Foll- owing	10. Owner-ship Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Benefi- cial Owner- ship (Instr. 4)
			(Month/ Day/ Year)	Day/ Year)	(A)	(D)	Date Exer- cisable	Expira- tion Date	Title	Amount or Number of Shares	Reported Transaction(s) (Instr. 4)				
						_									

Explanation of Responses:

See continuation page(s) for footnotes

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

By: Gary S. Cullen, Attorney-in-Fact For: Douglas W. Stotlar

01/05/2009

**Signature of Reporting Person

Date

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Page 2 of 3 pages Page 2 SEC 1474 (9-02) (1) These shares were acquired under the Con-way Retirement Savings Plan either as matching contributions or in lieu of cash dividends.